



Annual Report



"From poverty and exclusion to empowerment and inclusion"

BAHINI EDUCARE FOUNDATION

2025

Dear Partners, Friends and Supporters,

As we complete twelve years of dedicated service, the year 2025 stands out as a period of impactful progress and renewed commitment. Nepal continues to face economic pressures and widening social gaps, yet our mission has remained steady: *To Protect women and children from Abuse, Exploitation and Trafficking, and to help them rebuild lives grounded in safety, confidence and opportunity.*

Gender discrimination and exclusion of girls & women is still rampant especially in rural areas, where most of the population is living. Globally, the female literacy rate stands at around 87%, while in Nepal, it is around 71% (UNESCO; CBS 2025). This is the reason why our emphasis is on education for underprivileged and excluded GIRLS!



Since 2014, Bahini Educare Foundation (BEF) has worked at the grassroots level with single mothers, adolescent girls and children living on the edge, deprived of the most basic needs and without security or support. Our registration & renewal with the District Administration Office, affiliation with the Social Welfare Council and recognition by national civil society networks demonstrate our ongoing commitment to compliance, transparency and responsible governance.

Every year, we witness profound struggles faced by mothers and children regarding exclusion, poverty, discrimination, educational gaps and social isolation. These forces often leave girls vulnerable to early marriage, trafficking, and unsafe migration. Families living in urban slums or temporary shelters face added layers of hardship, with limited access to services or protection.

The emotional and mental toll is equally heavy. Many women, abandoned or widowed, fight lonely battles with depression and hopelessness. For many, suicide seems the only option left. These realities remind us why our work must remain grounded in both empathy and comprehensive action.

To address these interconnected challenges, we developed the **EduCare Family Project**, a community-centred model that keeps families together rather than separating children from their mothers. Through education, nutrition, healthcare, hygiene support, counselling and livelihood interventions, we respond to immediate needs while building long-term resilience instead of dependency.

Since our founding, nearly **100 families** have been supported and **over 30** successfully reintegrated/empowered.

In 2025 alone, **56 families of BEF 1** received comprehensive support, while our expansion into Tanahun (BEF2) marked a significant milestone, bringing structured support to **16 newly enrolled families**.

Our expansion into Tanahun is more than organisational growth; it is a commitment to reach mothers and children who often live far beyond the radar of traditional support systems. By getting closer to their lives, we ensure that no woman or child must live in exclusion.

Year after year, we see what becomes possible when people are valued, included and supported. Crisis gradually turns into stability; stability builds confidence, and confidence opens the door to self-reliance, social acceptance and integration.

This transformation: step by step, family by family, is the heart of BEF.

Thank you for your trust, encouragement and solidarity. You make this journey possible.



Our Vision, Mission & Core Values

Vision:

A Nepal where every woman and child has access to nutritious-food, education, healthcare and opportunities for a dignified life free from exploitation and discrimination.

Mission:

To uplift single mothers and grandmothers with dependent daughters, ensuring they live a safe and respectable life, while preventing abuse, trafficking and exploitation through comprehensive, empathy-driven interventions.

Core Values

- Prevention First
- Holistic Support
- Community Partnership
- Inclusion, participation & Respect
- Transparency & Good Governance

Leadership and Governance

Visionary Leadership

Co-founder and Advisor **Raymond** continues to guide BEF with deep commitment and insight. His “**1% improvement every day**” philosophy inspires our approach to growth and innovation, including the expansion into Tanahun.



Governance & Gender Equality

The Board of directors provide strategic oversight grounded in diversity and experience. With **57% women in the board** and **71% women in staff**, BEF models the gender equality it seeks to create.

Exceptional Staff Performance

Our team comprised by six employees, remains the soul of our mission. Despite having a specific job-description, they are all at the same time all rounders. Each one of them is at the pulse of all our actions and communications with our beneficiaries and thus working with empathy and a strong motivation.

Currently only the coordinator of BEF 2 is permanently based in Vimad. Our experienced staff is engaged in assisting her in all project related tasks, thus bringing their expertise and their commitment into our new branch, and creating a strong synergy effect.

Objectively Verifiable Results: 2025

Protection, Safety & Wellbeing

- ZERO cases of trafficking, child marriage, unsafe migration or exploitation among BEF-supported families.
- 100% insurance coverage for mothers and daughters in the EduCare Program, monitored through consistent home visits by our nurse.
- More than 1500 individuals reached through health, hygiene, mental health, first aid, safe touch and anti-discrimination activities.

EduCare Family Project: BEF1

- 56 families supported
- 6 new families enrolled
- 5 families reintegrated/self-sufficient
- 1 family transferred to BEF2
- 50 mothers and 117 children supported
- 117 children received educational support, with all students enrolled in government schools.
- Monthly delivery of basic-food, hygiene essentials and education materials ensured food-security and safety.

EduCare Family Project: BEF2

- 16 families supported
- 16 mothers and 32 children receiving full support
- 32 children received educational support
- Monthly support delivered consistently, with all families insured.



Education Support Project:

- A total of 163 children are provided with education, uniforms, stationary
- BEF1: 124
- BEF2: 39
- 98% retention rate
- 23 students appeared in SEE; 18 passed, the highest ever for BEF
- 3 Grade XII graduates
- 18 students enrolled in Grade XI
- Full Transition to government schools since 2024/25.

These families are economically stable to provide for their livelihood, but lack the means to provide education for their children.

Sustainable Futures

- 60 mothers trained in financial literacy
- 65 mothers joined sustainability meetings
- 5 mothers began poultry micro-enterprises after training and seed funding
- 1 mother completed three-month tailoring training
- 3 daughters enrolled in hospitality training
- 1 daughter hired as a 90-day intern to gain real work experience.

Health & Awareness

(Nearly 1,500 beneficiaries reached)

- 200 participants in Pokhara health camp
- 364 in Tanahun health camps
- 100 women in Hemja health camp
- 500 adolescent girls in menstruation & safe touch sessions
- 89 mothers and daughters in first aid training
- 50 women in mental health sessions
- 25 women in legal awareness
- 72 girls in child marriage prevention workshops
- 75 participants in anti-discrimination campaigns
- 48 mothers in quarterly participatory meetings
- 27 children received career guidance

“One Sleeping Bag, One Life”

Over 2000 sleeping bags have been distributed till date and in 2025 alone, we have provided a total of 55 sleeping bags to 23 families.

Sustainable Futures: Pathways to Independence & Empowerment

As Bahini Educare Foundation continues to grow, so does our responsibility to ensure that the change we bring to single mothers and their children is not temporary, but lasting and truly transformative. The year 2025 marked an important shift in this direction with the introduction of a new role in our organization: the **Sustainable Futures Coordinator (SFC)**. This position supports our expansion into BEF2 and strengthens our long-term vision of helping families move from vulnerability toward self-reliance and financial independence.

For years, BEF has ensured that families have access to education, nutrition, healthcare and emotional support. Yet, we hold the believe, that survival alone is not enough. The future demands skills, confidence and opportunities that allow women to stand firmly on their own long after our direct support ends. The Sustainable Futures Initiative was created to meet this need and to open doors to dignified, stable pathways forward.



The SFC plays a central role in linking training, motivation and opportunity. Her key responsibilities include:

- Skills Development & Job Training
- Financial Literacy & Employment Support
- Entrepreneurship Development
- Seed Funding for Small Businesses
- Motivation & Personal Growth
- Strategic Partnerships

The Sustainable Futures Initiative is not simply about income. It is about stability, self-esteem, belonging, social-acceptance and the courage to imagine an independent life.

Emerging Stories of Change

The Sustainable Futures Initiative is not simply about income. It is about stability, self-esteem, belonging, social-acceptance and the courage to imagine an independent life.



These stories below reaffirm one truth: when women and girls are given practical opportunities and trusted with responsibility, they rise. They lift their families with them. And they begin to imagine futures that once felt impossible. Through training, seed-funding and encouragement ***“Tiny-Enterprises”*** are emerging and BEF is laying the groundwork for long-term resilience within EduCare-Families.

↪ Sun Maya Sunar completed a **tailoring course**.

↪ With our support and guidance, **Five mothers** (three from BEF2, two from BEF1) have started a ***‘Tiny-Enterprise’*** in poultry farming. Each received 25 chicks, a chicken-cage and other required instruments to initiate a sustainable cycle of income

↪ **Binita and Anisha**, daughters belonging to our families, joined **catering and housekeeping training**, while **Bhim Maya** has started a **bakery training**.

↪ **Anisha Pariyar**, a recent Grade XII graduate, joined a 90-day internship opportunity at ***“BEF”***, gaining exposure to social work, self-esteem and a path toward future employment.



This is sustainability in its truest form: **the ability to stand upright, earn with self-esteem and build a future that no crisis can easily shake.**



The first year of this initiative has reminded us that independence is not a single achievement. It is a journey, one made possible through guidance, trust, and the belief that every woman has the potential to rise.

Program Highlights



Building Stability & Trust (EduCare Family Project)

The EduCare Program provides monthly staple-food, hygiene supplies, counselling and education support. Each family receives frequent home visits to ensure wellbeing and progress. Consistent follow-up builds trust, strengthens resilience and reduces vulnerability to exploitation. A total of 71 families benefitted from this program and 149 children gained regular access to education.

Educational Support Project:

163 children received school support outside the EduCare criteria. Beyond materials, our team monitors school attendance, academic progress and emotional needs. We also intervene in cases of physical punishment, reinforcing child protection in schools.



Health, Awareness & Empowerment Initiatives

Through camps, school sessions and community gatherings across Kaski and Tanahun, women and girls gained essential knowledge on health, rights, emotional wellbeing, menstruation, discrimination and child marriage.

These initiatives not only create awareness; they build confidence, reduce isolation and strengthen community responsibility.

Safeguarding Our Daughters & Mental Health Support

A two-day “Shambhav” residential camp brought 72 girls together for learning, bonding and empowerment. Many experienced the feeling of freedom for the first time.

As a result, a “Girls-Committee” was established and this committee is now representing the “VOICES” of our adolescent beneficiaries and this from “Peer to Peer”. This is one more step forward in emancipating and empowering the young female generation of Nepal and it will create a strong synergy-effect given the communication skills and trust amongst the “PEERS” belonging to Generation Z.

Meanwhile, **mental health support** remained essential: **2 mothers and 13 girls** received counselling from our partner organizations, showing visible progress in confidence and emotional stability.



Expansion to Tanahun (BEF2)

On 4 September 2025, BEF2 was officially inaugurated in Vimad Municipality with vital support from **Karuna Foundation Luxembourg**, under the aegis of *Fondation de Luxembourg*. Our new branch will extend services to **50 families by 2028**, marking a powerful step toward expanding our mission across districts.



Participative Action and Empowerment Gatherings

At Bahini Educare Foundation, we believe real change takes root when women have a voice in the decisions that shape their lives and communities. Our Participative Action initiative, launched last year, continues to deepen this belief through regular engagement and shared dialogue.

The Mothers' Committee, formed in 2024, meets every three months at the BEF office to discuss the challenges faced by families under our support. These gatherings have become meaningful spaces for exchanging ideas, identifying emerging issues and crafting community-led solutions. Topics often include preventing early marriage, understanding women's rights, supporting child welfare and nurturing emotional well-being. Through these discussions, mothers are growing more confident in communication, mutual support and collective responsibility.

These participatory efforts reflect our ongoing commitment to women's empowerment and community-driven development. By nurturing leadership, fostering dialogue and encouraging continuous learning, BEF is helping build a foundation of confidence, solidarity and sustainable change within the EduCare Families.



12th AGM & 6th Convention

The AGM and Convention reaffirmed BEF's principles of accountability and transparency. The gathering reviewed and validated both the **Financial** and **Social Audits**. A new, diverse and committed Board was elected for the next two years.

Success story 2025: Education Empowering Futures



Education has always been BEF's strongest tool to protect girls from exploitation and open pathways to self-esteem, freedom and opportunity. In 2025, **312 children** benefited from our education program, continuing a commitment that has already supported over 500 children since 2014.

Our move to enrol all students in **government schools** has strengthened inclusion, reduced dropout rates and allowed us to support every child up to Grade XII. It also aligns with the national vision for accessible education while helping us reach more families with the limited resources we have.

Even within a system affected by strikes and uneven policies, our students continue to excel. This year, **23 students** appeared for the Secondary Education Examination and **18 passed with remarkable results**. Their accomplishment is more than academic, it reflects courage, resilience and the transformative power of real opportunity.

We honoured these achievers during our **12th Annual General Meeting**, surrounded by board members, partners and guests. Their smiles carried more than pride, they carried hope, confidence and a glimpse of the futures they are stepping into.



At BEF, we believe that when a girl is educated, she gains the power to shape her own life and uplift generations after her.

Synergy in Action: Partnerships that Strengthen Our Impact

At Bahini Educare Foundation, synergy is not an abstract idea. It is the driving force behind our work, shaping how we collaborate, respond and grow. Our participatory approach brings together government institutions, national networks, community groups, and international partners, creating a strong collective front dedicated to protecting and empowering single women, their daughters and vulnerable children across Nepal.

Our concerted actions with local governments in **Kaski and Tanahun**, the **Ministry of Women, Children & Senior Citizens**, and national alliances such as **NGO Federation Nepal, CZOP, Civil Society Network for Child Rights, National Campaign for Education, Transparency International**, and **Amnesty International** ensure that our programs remain grounded, accountable and aligned with national priorities. Their involvement strengthens policy advocacy, enhances field coordination and expands our reach to families who need support the most.

This synergy extends to the grassroots level. Mother groups, girls' committees, schools, health posts, and local service providers work alongside us, helping create practical solutions that reflect real community needs. Their participation ensures our programs grow organically, shaped by the voices and experiences of the people we serve. With beneficiaries included in decision making, our work evolves from the roots upwards, building a sense of shared goals and mutual trust.



Our diverse and multi-faceted team sits at the core of this network. Their commitment ties together the efforts of all partners and ensures that every action remains pragmatic, focused, and centered on the protection and empowerment of those most at risk.

Internationally, long-standing support from **Bono Direkthilfe e.V., Chance Swiss, SchlussStrich e.V., Karuna Foundation Luxembourg** and **Fondation de Luxembourg** amplifies our impact. These collaborations not only strengthen financial sustainability but also guarantee that resources reach families directly, without unnecessary bureaucracy.

The result is an ever more interconnected and effective support system. This expanding network, free from restrictive barriers, now enables faster response, stronger outreach and an increasing depth of care in Kaski, Tanahun and beyond. Every year, more individuals, institutions and communities join this shared mission, widening our circle of influence and building a safer, more equitable environment for women and children.

This synergy effect is the backbone of our progress: a collective strength proving that meaningful change is possible when we move forward together.



LOOKING AHEAD

As we move forward, BEF remains committed to expanding livelihood pathways, enhancing educational support, and deepening our presence across districts. Our goal is to ensure that every child, adolescent and mother under our care experiences, safety, food-security, education, job training and wellbeing. This will naturally build confidence and lead to self-esteem and opportunity.

We invite all our friends, partners, and supporters to walk with us sharing ideas, resources and solidarity as we continue building strong and sustainable futures.



Call to Action

Sponsor a Family: € 1760- per year

Donate: Any amount that you are able to give.

Support Technically/Financially: Provide advice, engage in fund-raising.

Donations are accepted through Global Giving or our esteemed European partners.

Conclusion

The year 2025 was a year of expansion, innovation, renewed purpose, and visible transformation. Through BEF2 and through the power of our livelihood, education and awareness programs, we are witnessing families move from despair to hope; children once excluded and at high risk are now filled with self-esteem, courage, and a strong motivation to succeed.

These changes are reshaping daily life in real and practical ways, and that shift is visible in every family we support.

- Mothers are earning.
- Children are protected.
- Communities are engaging.
- Women are reclaiming their right for inclusion and dignity across both districts,



Together, we are not only changing today.
We are securing tomorrow, building a Nepal where every woman and child can live free, safe and empowered!

Thank you for walking with us, believing in this mission and standing beside the families who trust us with their stories and their future.

It's simple, It's simply BEF!

Gratefully,

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